

# JANUARY 2024

## Thomas Intermediate

### Breakfast & Lunch Menus

We are required to offer 5 components for Lunch to all students.

Milk, Meat, Grain, Fruit, Vegetable.

Students only have to take 3 of the 5.

### Monday



1

### Tuesday



2

### Wednesday

**NO  
SCHOOL  
STAFF  
PROFESSIONAL DAY**

3

### Thursday

Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

4

Lunch:  
Mac & Cheese & Smokies  
Veg & Fruit

### Friday

Breakfast:  
Tornado & Toast or  
Cereal & Toast, Fruit

5

Lunch:  
Corn Dog & Tater Tots  
Veg & Fruit

Breakfast:  
Pizza or  
Cereal & Toast, Fruit

8

Lunch:  
Pizza Sticks  
Veg & Fruit

Breakfast:  
Waffles or  
Cereal & Toast, Fruit

9

Lunch:  
Spaghetti  
Veg & Fruit. Pudding

Breakfast:  
Donut or  
Cereal & Toast, Fruit

10

Lunch:  
**Meals Around the World**  
**African Nations**

Wolverine Breakfast

11

Lunch:  
Burrito & Rice  
Veg & Fruit

**No  
School  
Planned Virtual Day**

12

No School



15

Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

16

Lunch:  
Pizza  
Veg & Fruit

Breakfast:  
Pizza or  
Cereal & Toast, Fruit

17

Lunch:  
Chicken Sandwich & Chips  
Veg & Fruit. Brownie

Breakfast:  
Combo Bar, Hashbrown & Toast  
Or Cereal & Toast, Fruit

18

Lunch:  
Steak Finger Dinner

Breakfast:  
Muffin or  
Cereal & Toast, Fruit

19

Lunch:  
Soup & Grilled Cheese  
Veg & Fruit

Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

22

Lunch:  
Corn Dogs & FF  
Veg & Fruit

Breakfast:  
Tornado & Toast or  
Cereal & Toast, Fruit

23

Lunch:  
Chili Frito Pie  
Veg & Fruit. Cake

Breakfast:  
Donut or  
Cereal & Toast, Fruit

24

Lunch:  
Salisbury Steak Dinner

Breakfast:  
Wolverine Breakfast

25

Lunch:  
Walking Taco  
Veg & Fruit

Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit

26

Lunch:  
Mashed Potato Bowl  
Veg & Fruit

Breakfast:  
Pizza or  
Cereal & Toast, Fruit

29

Lunch:  
Chicken & Noodles, Breadstick  
Veg & Fruit

Breakfast:  
Waffles or  
Cereal & Toast, Fruit

30

Lunch:  
Taco Salad  
Veg & Fruit. Cookie

Breakfast:  
Donut or  
Cereal & Toast, Fruit

31

Lunch:  
Mac&Cheese, Smokie  
Veg & Fruit

This institution is an equal opportunity provider.

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com