

# JANUARY 2024

Ethel Reed Elementary

Breakfast & Lunch Menus

We are required to offer 5 components for Lunch to all students.

Milk, Meat, Grain, Fruit, Vegetable.

Students only have to take 3 of the 5.

Monday



1

Tuesday



2

Wednesday

**NO  
SCHOOL  
STAFF  
PROFESSIONAL DAY**

3

Thursday

Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Veg & Fruit

4

Friday

Breakfast:  
Tornado & Toast or  
Cereal & Toast, Fruit

Lunch:  
Corn Dog & Tater Tots  
Veg & Fruit

5

Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Burrito  
Veg & Fruit

8

Breakfast:  
Waffles or  
Cereal & Toast, Fruit

Lunch:  
Spaghetti  
Veg & Fruit

9

Breakfast:  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Hot Dog & FF  
Veg & Fruit. Cookie

10

Breakfast:  
Oatmeal or  
Cereal & Toast, Fruit

Lunch:  
Pizza Stix  
Veg & Fruit

11

**No  
School  
Planned Virtual Day**

12

No School



15

Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Veg & Fruit. Pudding

16

Breakfast:  
Frenchtoast Sticks or  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich & Chips  
Veg & Fruit

17

Breakfast:  
Combo Bar, Hashbrown & Toast  
Or Cereal & Toast, Fruit

Lunch:  
Steak Finger Dinner

18

Breakfast:  
Cereal & Toast  
Fruit

Lunch:  
Soup & Grilled Cheese  
Veg & Fruit

19

Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

Lunch:  
Corn Dogs & FF  
Veg & Fruit

22

Breakfast:  
Tornado & Toast or  
Cereal & Toast, Fruit

Lunch:  
Chili Frito Pie  
Veg & Fruit. Cake

23

Breakfast:  
Breakfast Bites or  
Cereal & Toast, Fruit

Lunch:  
Salisbury Steak Dinner

24

Breakfast:  
Oatmeal or  
Cereal & Toast, Fruit

Lunch:  
Taco  
Veg & Fruit

25

Breakfast:  
Muffin or  
Cereal & Toast, Fruit

Lunch:  
Chicken Nuggets Dinner

26

Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles, Breadstick  
Veg & Fruit

29

Breakfast:  
Waffles or  
Cereal & Toast, Fruit

Lunch:  
Taco Salad  
Veg & Fruit. Brownie

30

Breakfast:  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Mac&Cheese, Smokies  
Veg & Fruit

31

This institution is an equal opportunity provider.

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com