

# AUGUST 2025

Thomas Intermediate

Breakfast & Lunch Menu

We are required to offer 5 components for Lunch to all students. Milk, Meat, Grain, Fruit, Vegetable. Students only have to take 3 of the 5.

Monday

Tuesday

Wednesday

Thursday

Friday

Welcome  
To  
Thomas Intermediate  
2025-2026

1

Meet your  
Lunch Ladies  
At Thomas

4

Ms. Beth

5



Ms. Cairol

6



Ms. Kim

7



Ms. Shelby

8



11



12

Go Big Blue!

13

Breakfast:  
Pancake on a Stick or  
Cereal & Toast, Fruit

14

Lunch:  
Grilled Cheese Sandwich  
Veg & Fruit

Breakfast:  
Donut or  
Cereal & Toast, Fruit

15

Lunch:  
Hot Dog & Chips  
Veg & Fruit

Breakfast:  
Biscuit & Gravy, Sausage Link or  
Cereal & Toast, Fruit

18

Lunch:  
Macaroni & Cheese, Smokies  
Veg & Fruit

Breakfast:  
Tornado or  
Cereal & Toast, Fruit

19

Lunch:  
Pizza  
Veg & Fruit

Breakfast:  
Donut or  
Cereal & Toast, Fruit

20

Lunch:  
Taco Salad & Rice  
Veg & Fruit

Breakfast:  
Omelet, Sausage & Toast or  
Cereal & Toast, Fruit

21

Lunch:  
Salisbury Steak Dinner

Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit

22

Lunch:  
Chicken Nuggets & FF  
Veg & Fruit

Breakfast:  
Breakfast Pizza or  
Cereal & Toast, Fruit

25

Lunch:  
Chicken & Noodles, Breadstick  
Veg & Fruit

Breakfast:  
Waffle Sticks or  
Cereal & Toast, Fruit

26

Lunch:  
Burrito & Rice  
Veg & Fruit

Breakfast:  
Cinnamon Roll or  
Cereal & Toast, Fruit

27

Lunch:  
Grilled Cheese  
Veg & Fruit

Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

28

Lunch:  
Stew & Crackers  
Veg & Fruit

Breakfast:  
Pancake on a Stick or  
Cereal & Toast, Fruit

29

Lunch:  
Corn Dog & FF  
Veg & Fruit

This institution is an equal opportunity provider.



PAY FOR MEALS ONLINE

MySchoolBucks.com