

OCTOBER 2026

Ethel Reed Elementary

Milk comes with each meal.
Water is available at each site.

Breakfast & Lunch Menus

Monday



Breakfast:

Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch:

Pig n a Blanket
Veg & Fruit

Breakfast:

Breakfast Pizza or
Cereal & Toast, Fruit

Lunch:

Salisbury Steak Dinner



Breakfast:

Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch:

Pizza
Veg & Fruit

Tuesday

Breakfast:

Tornado & Toast or
Cereal & Toast, Fruit

Lunch:

Baked Chicken Leg & Biscuit
Veg & Fruit

Breakfast:

Waffles or
Cereal & Toast, Fruit

Lunch:

Steak Sandwich & Chips
Veg & Fruit

Breakfast:

Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:

Macaroni & Cheese
Veg & Fruit

Breakfast:

Tornado & Toast or
Cereal & Toast, Fruit

Lunch:

Spaghetti & Garlic Bread
Veg & Fruit

Wednesday

Breakfast:

Donut & Cheese Stick or
Cereal & Toast, Fruit

Lunch:

Chicken Strip Dinner

Breakfast:

Mini Corn Dogs or
Cereal & Toast, Fruit

Lunch:

Corn Dog & FF
Veg & Fruit. Ice Cream

Breakfast:

French Toast Sticks or
Cereal & Toast, Fruit

Lunch:

Taco, Chips & Dip
Veg & Fruit. Cookie

Breakfast:

Donut & Cheese Stick or
Cereal & Toast, Fruit

Lunch:

Steakfinger Dinner

Thursday

Breakfast:

Combo Bar & Toast or
Cereal & Toast, Fruit

Lunch:

Chili Frito Pie
Veg & Fruit

Breakfast:

Scrambled Eggs & Toast or
Cereal & Toast, Fruit

Lunch:

Grilled Cheese & Soup
Veg & Fruit. Brownie



Breakfast:

Combo Bar & Toast or
Cereal & Toast, Fruit

Lunch:

Chicken & Noodles, Breadstick
Veg & Fruit

Breakfast:

Scrambled Eggs & Toast or
Cereal & Toast, Fruit

Lunch:

Chili Frito Pie
Veg & Fruit

Friday

Breakfast:

Omelet & Toast or
Cereal & Toast, Fruit

Lunch:

Hot Dog & FF
Veg & Fruit

Breakfast:

Muffin & Yogurt or
Cereal & Toast, Fruit

Lunch:

Burrito & Rice
Veg & Fruit



Breakfast:

Omelet & Toast or
Cereal & Toast, Fruit

Lunch:

Cowboy Stew & Cornbread
Veg & Fruit

Breakfast:

Muffin & Yogurt or
Cereal & Toast, Fruit

Lunch:

Hot Dog
Veg & Fruit. Pudding

This Institution is an equal opportunity provider