

OCTOBER 2026

Thomas Intermediate

Milk comes with each meal.
Water is available at each site.

Breakfast & Lunch Menus

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast:
Breakfast Pizza or
Cereal & Toast, Fruit

5

Lunch:
Cheese Quesadilla
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

6

Lunch:
Baked Chicken Leg & Biscuit
Veg & Fruit

Breakfast:
Wolverine Breakfast or
Cereal & Toast, Fruit

7

Lunch:
Taco Salad & Rice
Veg & Fruit. Cookie

Breakfast:
Combo Bar & Toast or
Cereal & Toast, Fruit

1

Lunch:
Sloppy Joe & FF
Veg & Fruit

Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

2

Lunch:
Personal Pan Pizza
Veg & Fruit. Go-aurt

Breakfast:
Breakfast Burrito or
Cereal & Toast, Fruit

8

Lunch:
Salisbury Steak Dinner

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

9

Lunch:
Popcorn Chicken & FF
Veg & Fruit

Breakfast:
Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

12

Lunch:
Spaghetti & Breadstick
Veg & Fruit

Breakfast:
Tornados or
Cereal & Toast, Fruit

13

Lunch:
Hot Dogs & FF
Veg & Fruit

Breakfast:
Donut & Cheese Stick or
Cereal & Toast, Fruit

14

Lunch:
Burrito
Veg & Fruit



15



16



19

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

20

Lunch:
Macaroni & Cheese, Smokies
Veg & Fruit

Breakfast:
Cinnamon Roll or
Cereal & Toast, Fruit

21

Lunch:
Chicken & Noodles, Breadstick
Veg & Fruit

Breakfast:
Combo Bar & Toast or
Cereal & Toast, Fruit

22

Lunch:
Chili Frito Pie
Veg & Fruit. Brownie

Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

23

Lunch:
Chicken Sandwich & Chips
Veg & Fruit

Breakfast:
Breakfast Pizza or
Cereal & Toast, Fruit

26

Lunch:
Cheeseburger & Chips
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

27

Lunch:
Chicken Fried Steak Dinner

Breakfast:
Wolverine Breakfast or
Cereal & Toast, Fruit

28

Lunch:
Grilled Cheese & Soup
Veg & Fruit. Ice Cream

Breakfast:
Breakfast Burrito or
Cereal & Toast, Fruit

29

Lunch:
Sloppy Joe & FF
Veg & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

30

Lunch:
Personal Pan Pizza
Veg & Fruit. Pudding

This Institution is an equal opportunity provider